# GSAN Meeting Minutes – November 20, 2019

### **Meeting Agenda:**

- 1. Ice Breaker
- 2. Updates and Event Planning

# (1) Ice Breaker:

Thanks to Neelima for organizing this! ©

# (2) Updates and Event Planning:

### (2.1) Social Team:

- 1. Speed Networking Event Feedback
  - 8 people showed up (as expected), very wholesome, networking was a success
- 2. Winter Gala December 14, 2019, 7:00 PM
  - https://www.facebook.com/events/1833657993433583/
  - Will be hosted with EMGSS
  - Venue has been booked and permits have been obtained!
    - Venue: KIN Experience, 397A Rue Sainte-Catherine O.
    - Venue can hold 150 people
  - Food and alcohol will be provided (open bar)
    - A request for volunteer bartenders will be sent out before the event
  - Camille and Hannah will be the photographers for the event
  - Advertising is going well has been in the newsletter, Facebook event created, institute reps have posters
    - Continue to advertise in the next newsletter (early December)
  - Coat check will also be available
  - The event is fully accessible if you have any accessibility requirements, please indicate this on the appropriate sections of the form when buying tickets
  - If you have any dietary restrictions, please also indicate this on the form when buying tickets
  - Please go through your institute slack channels/newsletters or contact your institute reps for the password to buy tickets:

GSAN/EMGSS Early bird: \$10 GSAN/EMGSS Early bird Guest: \$15 Early bird sale ends on December 1st

GSAN/EMGSS Late Sloth: \$15 GSAN/EMGSS Late sloth Guest: \$20

#### 3. Plans for Early-/Mid-January

- Karaoke January 22, 2020 at MacLeans Pub (karaoke upstairs)
  - No tickets we will just gather at the bar
  - Probably no need to reserve a table usually not too busy, staff have informed that having 40-50 people there will be just fine
- Winter Hike up Mont Royal probably happening in the first week of January
  - Will be nice to include new students coming in January
  - Could ask people to bring sleds / cardboard boxes
- Maybe a photo walk across Montreal could also be nice for new students to get to know the city
  - Everyone brings a camera / phone and walk around some of the nice areas in Montreal

### (2.2) New and International Student Officers:

#### 1. Winter Blues

- Planning to do this during the first or second week of December (maybe December 5, 2019)
- Planning to meet with the Wellbeing Team soon to organize the event
- There is an existing presentation can be used again for this event
- Try to advertise in the early December newsletter

### 2. Campus Tour Scavenger Hunt Event Feedback

- Went really well
- The scavenger hunt has been saved so it can be easily re-used in the future

#### 3. Buddies:

- Currently, 8 buddies have signed up
- If you are interested in being a buddy for a new winter student, sign up here: <a href="https://docs.google.com/forms/d/e/1FAIpQLSfG8TXnEqZdrIiXO-oI9woYoEchC2BDuCdX0KDUmEY4JWD6Hg/viewform">https://docs.google.com/forms/d/e/1FAIpQLSfG8TXnEqZdrIiXO-oI9woYoEchC2BDuCdX0KDUmEY4JWD6Hg/viewform</a>
- People are paired based on institute, country of origin, mutual interests, etc.

#### 4. New Student Winter Social – January 16, 2020

- Third week of January so hopefully everyone will be back from holidays
- There will be 25 new winter students would be nice for them to meet current students so if current students could come too, that would be great!
- Budget still needs to be figured out New and International Student Officers to get in touch with Simon

#### 5. "Not According to Plan" Workshop – February

- Grad school doesn't always go as you expect it to go this would be a workshop that focuses on what happens when things do not go to plan
  - e.g. having a child (taking maternity or paternity leave), failing a candidacy exam, changing supervisors, taking a leave of absence, etc.
- If others (from Academics / Wellbeing) are interested in helping out, contact Max

#### 6. Funding for International Students Workshop – March

### 7. Cultural Exchange Movie Nights

- Possibility to hold movie nights in different languages but open to everyone (with subtitles!)
- For all of us to learn more about different cultures

### (2.3) Academics Team:

- 1. 3MT November 28, 2019, 6:00 PM
  - https://www.facebook.com/events/571971550298621/
  - All good to go finalists have been picked and their participation has been confirmed, judges have been confirmed
  - Continuing to advertise
  - If you are free on November 28, 2019, it's a great opportunity to come watch and learn about other students' projects (also free wine and cheese after)!
    - There is also a peoples' choice award you can actually play a role in deciding who gets cash prizes
    - Free wine & cheese!!!

#### 2. Tackling Grad School as a FirstGen Student – November 23, 2019, 2:00 PM

- https://www.facebook.com/events/775423619553589/
- Discussion group to get people together, share resources, etc.
- Open to everyone who identifies as a first-generation student those who do not have an immediate family member that has been to grad school
- Room is booked, snacks & coffee & tea will be available

#### 3. NeuroBlog

- <a href="https://blog.gsaneuro.com/">https://blog.gsaneuro.com/</a>
- New article by Alex regarding sustainability
- If anyone is interesting in writing/creating something for the NeuroBlog (anything grad school or neuroscience related), just be creative and send things to Hannah
  - This would also be a great opportunity to share things that are discussed in discussion groups

#### 4. Language Classes

• Everything is going well

### (2.4) Wellbeing and Sustainability Team:

- 1. Upcoming Event with Academics Team Tackling Grad School as a FirstGen Student November 23, 2019, 2:00 PM
  - See above

#### 2. Sustainable Living Info Night Feedback

• The event was really successful – 25-30 people showed up

- It started at 4PM may have been a difficult time for people to show up but this was the time that GreenLabs had available
  - Something to think about for next time
- There was a very nice, informative presentation about sustainability
- Thinking of doing this event again next semester for new students
- Made a neuron out of plastic waste that people brought!
- GreenLabs will be continuing to collect (washed) plastic lab waste will be using this make an art piece in Bellini

#### 3. Other Updates

- We now have storage space! GSAN has a room with BrainReach (in the Duff building)
- You must fill out a form to gain access to this space more info to come from Neelima

### (2.5) Communications and Outreach Team:

### 1. Clothing Order

- Clothing orders are in and institute reps have all the clothing
- Institute reps should have received an email with all the orders from your institute let Claudia know if you have any questions
  - Make sure to read carefully to give the right clothing to the right person

#### 2. Hoppy Hours

- (Tentative) Hoppy Hour schedule for the year:
  - January: MNI
  - February: Downtown (Bellini, Genome, McIntyre, Stewart Bio)
  - March: MGH
  - April: Glen / LDI
  - May / June: Douglas
- Message Claudia if this does not work for you
- The budget will be between \$100-150 please message Claudia when you start planning to discuss what you're allowed to buy!

#### 3. Next Newsletter – December 2<sup>nd</sup>, 2019

Make sure to fill out the Google form on time if you have an event / project to advertise: <a href="https://docs.google.com/forms/d/e/1FAIpQLSfG1-UuZAuhM5JCq">https://docs.google.com/forms/d/e/1FAIpQLSfG1-UuZAuhM5JCq</a> https://docs.google.com/forms/d/e/1FAIpQLSfG1-UuZAuhM5JCq

#### 4. Puzzle Piece Idea

- At one point, someone at the MNI brought a 1000-piece puzzle and just left it in the library for everyone to work on as a relaxing activity looked like a pretty successful initiative
- If any institute reps think that this may work for your institute, let Neelima know and we can potentially get a puzzle

# 5. Institute Reps and PGSS Reps – Updates

MNI	<ul> <li>Organizing a lunch/potluck event for people to get to know each other</li> </ul>
	<ul> <li>Organizing a nice walk – e.g. up the mountain after work one day</li> </ul>
	<ul> <li>Holiday party posters have been put up!</li> </ul>
Douglas	Holiday party posters have been put up!
	Something was organized for Halloween – trick or treat
	event
	<ul> <li>Also, a lot of labs dressed up for Halloween  this was pretty cool!</li> </ul>
	Douglas holiday party – being advertised on Slack
	• Thinking of organizing a snowman building contest – on the
	fields near the Douglas
Bellini	No updates as of now
MGH	<ul> <li>Had a door decorating contest for Halloween – great</li> </ul>
	success, every single lab participated
	<ul> <li>Also had a potluck – also a great success, most labs</li> </ul>
	participated
	• There will be a holiday potluck at the MGH on December
	11, 2019
	• There will also be an ugly Christmas sweater contest
McIntyre	<ul> <li>\$50 Amazon gift card and more prizes to come</li> <li>No updates as of now</li> </ul>
Stewart Bio	
IRCM	<ul><li>No updates as of now</li><li>No updates as of now</li></ul>
Glen	Trying to find/get in contact with all the students at the Glen
Gien	<ul> <li>Planning on organizing a potluck after the Christmas break</li> </ul>
	<ul> <li>Planning on organizing a pottack after the Christmas oreak</li> <li>Planning on organizing a movie night</li> </ul>
SCSD	Most SCSD events are hosted by SCSD students – IPN
	students are not factored into their funding and budgeting
	• IPN students make up ½ of the students at SCSD
	• Is there something that we can do about this?
	A lot of small events taking place within the IPN students
PGSS Reps	• There was a new rule that every PGSA only has one vote – a
	lot of people were against this
	• This rule has been revoked – we have three (3) votes
	and three (3) seats again
	<ul> <li>Perhaps planning a climate strike in the future</li> </ul>
	<ul> <li>Neelima has to submit the updated GSAN constitution to</li> </ul>
	PGSS by the end of the semester – has been updated, just
	needs to be proofread and sent

- This year, we do have budget for some extra events at institutes (aside from the hoppy hours)
  - If you have ideas, present them to Claudia for approval, and then you can talk to Simon about budget depending on the size of the event/ what you want to offer

#### 6. Website Changes

- Meeting with the Wellbeing team to discuss changes on the Wellbeing part of the website changes slowly being put into place
- If anyone else wants any changes on the website, let Harriet know
- Neelima to send Harriet the final constitution to put on the website

#### 7. Social Media

- If you want access to Facebook & Instagram to e.g. post stories at your event, let Neelima know
- Just make sure that there is only one post per day on social media so as to not overwhelm people
- If you want to double check, you may run your posts past the communications team

## (3) Future GSAN Meetings:

- Instead of having another meeting for December, thinking of just getting together for a board game night
- It is probably best to do this after the Christmas break look out for a Doodle poll for Neelima